



AUGUST 2019

PLUMAS LAKE ELEMENTARY SCHOOL DISTRICT

Questions or concerns,
Contact Nutrition Service.
(530) 743-4428 x770 or
mdelong@plumdsd.org

Monday

Tuesday

Wednesday

Thursday

Friday

All meals are served with the choice of 1% White Milk or Nonfat Chocolate milk.
A variety of Fresh Fruits and Vegetables will be available at meal service.
Menus subject to change.

5
10 DAYS UNTIL SCHOOL STARTS

6
9 DAYS UNTIL SCHOOL STARTS

7
8 DAYS UNTIL SCHOOL STARTS

1
14 DAYS UNTIL SCHOOL STARTS

2
13 DAYS UNTIL SCHOOL STARTS

12
3 DAYS UNTIL SCHOOL STARTS

13
2 DAYS UNTIL SCHOOL STARTS

14
SCHOOL STARTS TOMORROW

8
7 DAYS UNTIL SCHOOL STARTS

9
6 DAYS UNTIL SCHOOL STARTS

15
BREAKFAST
Banana Split
Bagel and Cream Cheese
Cereal Bowl
LUNCH
Hamburger
Veggie Burger
Seasoned French Fries

16
BREAKFAST
Fresh Baked Cinnamon Roll
Bagel and Cream Cheese
Cereal Bar w/ string cheese
LUNCH
Smart Slice - Pepperoni Pizza
Smart Slice - Cheese Pizza
Tossed Green Salad

19
BREAKFAST
Pancakes
Bagel and Cream Cheese
Cereal Bar w/ string cheese
LUNCH
Chili Cheese Nachos
Soft Pretzel and Cheese Sauce
Steamed Peas

20
BREAKFAST
Sausage Biscuit
Bagel and Cream Cheese
Cereal Bowl
LUNCH
Crunchy Tacos
Cheese Quesadilla
Refried Beans

21
BREAKFAST
Chicken and Waffle Bites
Bagel and Cream Cheese
Cereal Bar w/ string cheese
LUNCH
Corn Dog
Mozzarella Sticks
Roasted Sweet Potatoes

22
BREAKFAST
Sausage Pancake on a Stick
Bagel and Cream Cheese
Cereal Bowl
LUNCH
Mandarin Chicken Bowl
Edamame Bowl
Steamed Broccoli

23
BREAKFAST
Fresh Baked Cinnamon Roll
Bagel and Cream Cheese
Cereal Bar w/ string cheese
LUNCH
Smart Slice - Pepperoni Pizza
Smart Slice - Cheese Pizza
Tossed Green Salad

26
BREAKFAST
Apple Frudel
Bagel and Cream Cheese
Cereal Bar w/ string cheese
LUNCH
Mac and Cheese w/ Roll
Grilled Cheese
Sautéed Spinach Greens

27
BREAKFAST
Breakfast Croissant
Bagel and Cream Cheese
Cereal Bowl
LUNCH
Oven Roasted Chicken
Veggie Hoagie
Roasted Corn

28
BREAKFAST
Breakfast Burrito
Bagel and Cream Cheese
Cereal Bar w/ string cheese
LUNCH
Taqitos
Bean and Cheese Burrito
Seasoned Jicama

29
BREAKFAST
Breakfast Sandwich
Bagel and Cream Cheese
Cereal Bowl
LUNCH
Rib-A-Que Sandwich
Veggie Croissant
Seasoned French Fries

30
BREAKFAST
Fresh Baked Cinnamon Roll
Bagel and Cream Cheese
Cereal Bar w/ string cheese
LUNCH
Smart Slice - Pepperoni Pizza
Smart Slice - Cheese Pizza
Tossed Green Salad

This institution is an equal opportunity provider.

